



## St Peter at Gowts Church of England Primary School

<b>Policy</b>	Anti-Bullying
<b>Date adopted</b>	
<b>Date reviewed</b>	

### Aims

We try to ensure that our school is a caring, welcoming place where children are happy and relaxed enough to take advantage of all the educational opportunities which we offer. However, we have strategies in place to minimise the possibility of this type of behaviour.

- We reward children who behave well
- Children's concerns are taken seriously
- Children may talk to the class teacher or lunchtime supervisor
- Children are encouraged to take responsibility for themselves and others
- All areas of the building are carefully supervised and patrolled during breaks and lunch times
- Children may talk to the Head in confidence

We recognise that cases of bullying are hard to detect and may take a number of forms.

These include

#### Persistent:

Name calling

Kicking

Teasing

Threatening behaviour

Rumour spreading

Humiliating behaviour

Manipulation to gain favours, money etc

Making fun of someone

Breaking others property

Sometimes staff may only see a glimpse of an activity. All incidents should be recorded by staff in the Incident log kept in office. The Headteacher regularly reviews this book to check whether there any patterns emerging which could point to bullying.

All reports of bullying are taken seriously and parents are informed.

### **Staff at our school**

- never ignore bullying behaviour
- encourage the children to be assertive, not aggressive
- don't get them to repeat name-calling
- don't over protect victims but get them to respond appropriately
- give time for pupils to talk to each other
- record events to track down bullying patterns
- involve parents at an early stage

Our staff are aware of how to respond to a child being bullied and they

- encourage them to be assertive
- get pupils to enlist the support of home, teachers or other pupils

Techniques which staff might suggest to a child who has been bullied

- saying no
- saying "no I don't want to"
- broken record Bully "you give me £5"
- "no I wont give my money away"
- "no I wont give my money away"
- " no I wont give my money away"
- positive self talk
- walking away
- assertiveness
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strategies for dealing with the child who is bullying involve

1. discussion
2. shared concern
  - ask the bully to tell you about it
  - ask the bully how they feel that they can make improvements and make the other child feel better
  - arrange another meeting and set date to discuss progress
3. parental involvement
4. withdrawal of privileges (things which are important to a child may vary)
5. sanctions i.e. "time out" (sanctions must be applied in a consistent manner)
6. they may be denied playtime or lunchtime recreation time for a time
7. Advice and support from EBSS may be sought
8. In extreme cases, a child may be excluded

The curriculum will raise awareness of some of the issues involved in bullying which may lead to a degree of understanding of the problem. Drama lessons, PHSE units of work and topics covered in collective worship can lead to meaningful discussion on some aspects of bullying.

The introduction of Circle time allows children to become familiar with, and to acquire the necessary skills to solve problems without confrontation. They will gain confidence in dealing with unwanted issues because Circle Time is a respected part of school life. It is vital that time should be given for children to reflect upon the feelings of others

Children at St Peter at Gowts church of England Primary School are encouraged to passively reject bullying behaviour and to actively challenge bullying behaviour by reporting it to the Head, Assistant Head, teachers, support assistants or MSA's.