



Unlocking potential in all, empowering a community of hope. As an inclusive Christian community, we work towards unlocking the potential in all and empowering a community of hope. We seek to achieve this by providing a safe, inspiring and creative learning environment where all can flourish. Our successes are built on the foundation of our shared values and our consistently high expectations. Through challenge and support, we strive for excellence in all we do.

### St Peter at Gowts PSHE Curriculum

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	Please see the St Peter's EYFS Curriculum					
Year 1	<p style="text-align: center;"><b>Relationships</b></p> <p>Roles of different people; people who care for me Recognising privacy; staying safe; seeking permission How behaviour affects others; being polite and respectful</p>		<p style="text-align: center;"><b>Living in the wider world</b></p> <p>What rules are; caring for others' needs; looking after the environment Using the internet and digital devices; communicating online Strengths and interests; jobs in the community</p>		<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>Keeping healthy; food and exercise, hygiene routines; sun safety Recognising what makes them unique and special; feelings; managing when things go wrong How rules and age restrictions help us; keeping safe online</p>	
Year 2	<p style="text-align: center;"><b>Relationships</b></p> <p>Making friends; feeling lonely and getting help Managing secrets; resisting pressure and getting help; recognising hurtful behaviour Recognising things in common and differences; playing and working cooperatively; sharing opinions</p>		<p style="text-align: center;"><b>Living in the wider world</b></p> <p>Belonging to a group; roles and responsibilities; being the same and different in the community The internet in everyday life; online content and information What money is; needs and wants; looking after money</p>		<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Growing older; naming body parts; moving class or year Safety in different environments; risk and safety at home; emergencies</p>	
Year 3	<p style="text-align: center;"><b>Relationships</b></p> <p>Positive friendships, including online Responding to hurtful behaviour; managing confidentiality; recognising risks online Respecting differences and similarities; discussing difference sensitively</p>		<p style="text-align: center;"><b>Living in the wider world</b></p> <p>What makes a community; shared responsibilities How data is shared and used Making decisions about money; using and keeping money safe</p>		<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>Maintaining a balanced lifestyle; oral hygiene and dental care Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty Medicines and household products; drugs common to everyday life</p>	
Year 4	<p style="text-align: center;"><b>Relationships</b></p> <p>Positive friendships, including online Responding to hurtful behaviour; managing confidentiality; recognising risks online Respecting differences and</p>		<p style="text-align: center;"><b>Living in the wider world</b></p> <p>What makes a community; shared responsibilities How data is shared and used Making decisions about money; using and keeping money safe</p>		<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>Maintaining a balanced lifestyle; oral hygiene and dental care Physical and emotional changes in puberty; external genitalia; personal hygiene</p>	



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	similarities; discussing difference sensitively		routines; support with puberty Medicines and household products; drugs common to everyday life
Year 5	<p style="text-align: center;"><b>Relationships</b></p> <p>Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people; recognising prejudice and discrimination</p>	<p style="text-align: center;"><b>Living in the wider world</b></p> <p>Protecting the environment; compassion towards others      How information online is targeted; different media types, their role and impact Identifying job interests and aspirations; what influences career choices; workplace stereotype</p>	<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies      Personal identity; recognising individuality and different qualities; mental wellbeing      Keeping safe in different situations, including responding in emergencies, first aid and FGM</p>
Year 6	<p style="text-align: center;"><b>Relationships</b></p> <p>Attraction to others; romantic relationships; civil partnership and marriage. Recognising and managing pressure; consent in different situations Expressing opinions and respecting other points of view, including discussing topical issues</p>	<p style="text-align: center;"><b>Living in the wider world</b></p> <p>Valuing diversity; challenging discrimination and stereotypes      Evaluating media sources; sharing things online      Influences and attitudes to money; money and financial risks</p>	<p style="text-align: center;"><b>Mental health and wellbeing</b></p> <p>What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online Human reproduction and birth; increasing independence; managing transition      Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media</p>